



**2019 5K FUN
RUN/WALK
SATURDAY DECEMBER 7th**

REGISTRATION FORM

**Deadline for Pre-Registration
November 18, 2019**

NOTE: Coupeville's Jingle Trail Run is a safe, small town family activity that encourages fitness and promotes parent child activity. This is a Cross Country Fun Run - some roots and rocks on trails!

- 1. Registration Fees: Fees are non-refundable**
 - Early Registration **\$30 (t-shirt included in registration fee)**
 - Day-of Registrations **\$30 (t-shirts if available will be an additional cost)**
 - Children 14 and under **FREE (accompanied by participating adult)**
- 2. ONE Entry Form and Waiver per person (both adults and children).**
- 3. Sorry - No Dogs. Strollers are not recommended.**
- 4. Check-in / registration 8.30 am – 9.30 am at Camp Casey Auditorium**
- 5. Run starts at 10:00 AM**
- 6. Event closes at 11.45 AM and Course closes at 11.30 AM for both Runners and Walkers**
- 7. Please READ AND SIGN WAIVER BELOW and then continue to Entry Form**

WAIVER: In consideration of being permitted to register and/or participate in or observe this event, on behalf of myself and any personal representatives, assigns, heirs, executors, successors, next of kin, and persons supported by me (if relevant under the applicable laws),
I understand that:

Running is a potentially hazardous activity and that I should not enter and run/walk unless I am medically able. I also assume any other risks associated with running this event, including but not limited to falling/tripping, contact with other participants, and the effects of weather and conditions of the trails. I understand I am solely responsible for my own safety while participating in the race and while traveling to and from this event. Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue and waive release and discharge the Sponsors or contributors of this event, the Town of Coupeville and Police agencies, Island County, Camp Casey, Coupeville Chamber of Commerce, Seattle Pacific University, Fort Casey State Park, the State of Washington, race officials, volunteers, their representatives, successors or assignees from any and all claims arising out of, or in the course of my participation. The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known and unknown. Minors will be accepted with a Parents Signature

The undersigned further grants full permission to Coupeville Chamber of Commerce to use any photographs, or another record of the event for any purpose related to the promotion of this event.

Signed: _____

Date: _____

PLEASE TURN THE PAGE AND COMPLETE THE ENTRY FORM



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PLEASE PRINT CLEARLY

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____ PHONE: _____

EMERGENCY CONTACT: _____ PHONE: _____

PARTICIPANT:

ADULT _____ CHILD _____ (date of birth _____)

- Early Registration _____ \$30 (includes t-shirt if registered by Nov. 18th)
Day of Registration _____ \$30 Run or Walk (Without t-shirt)
Child Registration _____ \$FREE Run/Walk with Registered Adult
(\$15 for child t-shirt if registration is mailed by Nov. 18th)

T-Shirt Size: (circle one)

XXL XL L M S YXL YL YM YS

Amount Enclosed: \$ _____ Cash Check (circle one)
(make checks payable to CCC / Coupeville Chamber of Commerce)

(If paying by credit card go to www.jingletrailrun.com)

Mail or drop off Registration Form and Signed Waiver to:

Coupeville Chamber of Commerce, PO Box 152, Coupeville, WA. 98239.

For more information (map and directions) go to www.jingletrailrun.com